

June Webinar - Financial Wellbeing

What we'll cover:

- What is financial wellbeing?
- The link between financial and mental wellbeing, and how to manage.
- Tips on how to manage your money.
- Ways you can look after your mental health through the cost of living crisis.



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June Webinar - Financial Wellbeing

Our panel includes:

Care first, Mental Health & Wellbeing provider and EAP

PayPlan, debt advisers and specialists in supporting people with their financial wellbeing.

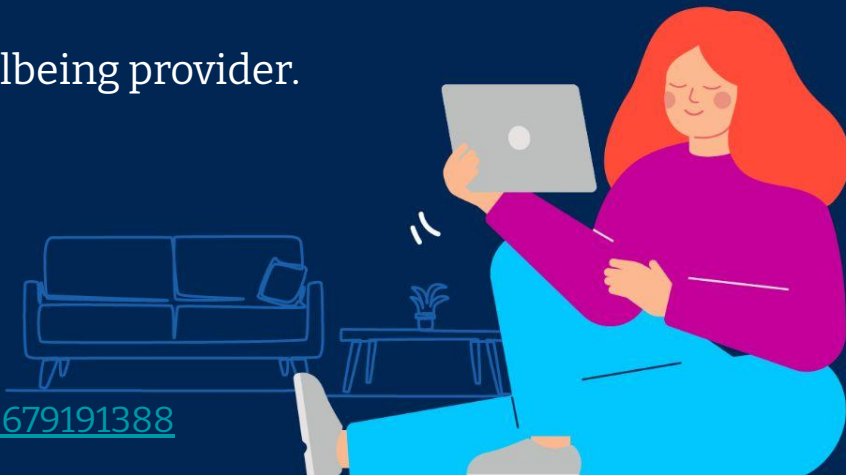
FinWELL, Financial education, training and wellbeing provider.

When?

Monday, June 17th @ 12:00-12:45

Join via GoToWebinar here:

<https://register.gotowebinar.com/register/3074424066679191388>



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